



ZIG ZAG  
ULTIMATE

# LOWELL ULTIMATE FRISBEE

3rd-8th Grade Co-Ed  
League



**New Parent and Player Info Meeting:**  
**August 28<sup>th</sup> | 6-6:30pm @ Lowell Middle School Cafeteria**

## Who?

All 3rd-8<sup>th</sup> graders, boys and girls, and all skill levels! No experience is needed. We have professional coaches to teach you!

## What?

Practice with your local team once a week, then join all teams in the league on Friday nights for game night!

## When?

**Practices:** Thursdays |  
5:30 - 7:30pm @  
Bushnell Elementary

**Games:** Fridays | 5:30-  
7:30pm @ MacKay-  
Jaycess Park

## Is There Equipment Required?

Team jerseys are required to purchase.

All athletes must also wear cleats and athletic wear!



**Register TODAY!**

[ZigZagUltimate.com/Lowell](https://ZigZagUltimate.com/Lowell)

**Tons of Fun. No experience required.**

Questions? Email  [admin@zigzagultimate.com](mailto:admin@zigzagultimate.com) or call  616.606.DISC